

## **BENDIGO ORIENTEERING CLUB SAFETY REGULATIONS**

Bendigo Orienteers Inc. regard your safety to be of prime importance. Safety is everyone's responsibility and with your cooperation we can all enjoy a safe event.

**Please read the regulations carefully and sign your entry/results stub.**

1. All competitors or groups must carry a compass and be familiar with its use. Compasses are available at each event for borrowing.
2. It is recommended to carry a whistle at all times during orienteering. If you become lost or injured during an event, the emergency signal is 6 short blasts followed by a pause, then continue to repeat the procedure.
3. Information on entry/result stub must be fully complete. Leave stub on the trailer before starting your course.
4. All competitors must register in OE2010 (if in use) before competing. When finished you must report to the finish and download even if you don't complete (or even start) your course.
5. A safety bearing will be indicated on your map if required (at the course setter's discretion). If you become lost you should continue on this bearing until you reach a vehicle track. Vehicle tracks will be searched first.
6. First aid equipment is available at each event and can be located in the trailer. Competitors must report all first aid incidents to the event organiser.
7. The return time deadline is 3.00pm (or 60 minutes after the last official start time). You must report back to the finish before this time even if you have not completed your course. A search party will be activated for all overdue competitors.
8. Competitors on courses A and B are requested to report to the organiser before leaving the event. You may be asked to remain in case a search for a 'lost' competitor is required.
9. Competitors are advised that orienteering events carry all the risks associated with the bush, farmland and urban environments, including all land forms and objects whether natural or man-made. Competitors acknowledge that due to their behavior and actions during an event, the risks associated with orienteering could result in personal injury. In relation to the map supplied and the actual terrain, no guarantee is made to have identified all or to have removed any of the hazards in the orienteering or surrounding area.
10. All competitors by registering to participate in events conducted by the Bendigo Orienteering club, will at all times during the conduct of the event and in all circumstances whatsoever arising out of the conduct of the event, comply with any reasonable direction given to them by club officials or their agents.